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# Reiki Brings Beneficial Results

BY LAURA SCHOPEN

**A**S I WRITE at the end of March 2020, we are in unprecedented times dealing with COVID-19, which has become a global pandemic. This watershed event and the breakthroughs that Holy Fire® III Reiki brings strike me as no coincidence—there can be no accident. Since June 2019, I use Holy Fire® III, which I believe offers dimensions

of healing we once considered extraordinary. While sharing it with hospice patients, other clients, and family, I see remarkable results, nothing like what I experienced almost 20 years ago with traditional Usui Reiki. In addition, this energy is sharable on a new scale. We can offer Reiki Placements in such a simple, profound way that Reiki I is now accessible to people, such as the

elderly and hospice patients, who before could not take a traditional class to receive an attunement.

As some examples of the added dimension that I'm referring to, many clients over the last ten months had remarkable breakthroughs, often spiritual, after only one to three sessions. Spiritual beings seem to help and make their

presence known to my clients. People tell me they feel multiple hands on them, or they ask me afterward what happened because they became disoriented and unable to say where I was, feeling as though I was in multiple places at once. Or they say they know I moved my hands, but they could still sense them sending energy at their original location.

Other unique phenomena occur. One hospice patient experiences shamanic journeying with every Holy Fire® III session. These episodes first surprised us since I set no intention and had no experience or training to induce them. Nor did he. This man is in his mid-50's and has advanced terminal chronic obstructive pulmonary disease (COPD). His life story holds tragic sexual and emotional trauma dating back to early childhood, followed by a life of violence and abandonment and other turmoil. During his shamanic journeys, he seems to experience deep healing of past lives and beyond those. I've seen him leave his physical body, even though I seldom experience strong clairvoyance. He's given me detailed descriptions of the Second Heaven that I understand reflects the teachings of the Rosicrucians and other esoteric literature. He says that as he journeys out of his body, he sees many lost discarnate people that he must make his way through, who seem confused about their passing, whether from drugs, comas, dying in fear, or other sudden means.

The healings he receives offer profound closure to old trauma. As an example, he relived a recurring nightmare experienced countless times since he was young, which I believe is a past-life memory from a life

as a Native American scout. During a journey, it reframed as a story of community, love and healing. He has been part of many pow wows, sweat lodges, buffalo hunts, and other rituals that seemed to undo feelings of betrayal and cultivated his sense of belonging. Once, one of his spiritual teachers appeared to me at the end of our session, a majestic looking Native American whose name my patient says is *Story Teller*. This teacher has helped him see his memories are not his reality. He tells of being taken throughout the entire universe to gather "all the pieces" of himself that were shattered and scattered, so he can be whole again.

Following my February 2020 Master Class in Maui with William Rand, I gave this patient a healing Reiki Experience. Afterward, he reported that, while he experienced

profound healing, he did not go on a journey with his teachers, as he'd hoped. It was gratifying to hear this as evidence he does not imagine these experiences on his own. A skeptic could explain these experiences being due to oxygen deprivation or suggestibility. But even more convincing than the specifics and phenomena is the fact that my patient is healing his life in profound ways. Gone are the inner pain and suffering carried his entire life, and he is growing spiritually mature and whole. He refers to his adult children with a new level of forgiveness and acceptance, and they are reaching out to him again.

During our last in-person visit in mid-March, I gave him the two-part Reiki I Placement, which seemed a catalyst for what he calls a "supernatural" breakthrough. This ses-

## Developing Your Reiki Practice

An Anthology From Reiki News Magazine

This is an anthology of articles written by people who have developed thriving Reiki practices. They explain what worked and what didn't work and what you need to do to make your Reiki business as successful as you'd like it to be.

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sion was right before the COVID-19 shelter-in-place quarantine in Nevada, and I am amazed at the perfect timing. In recent text and phone conversations we've had, he says he senses the power of Holy Fire® energy. He has outlived his life expectancy by a year and done much emotional healing, but since the Placement, he also appears to have physical healing. Two weeks after his Reiki I Placement, he woke up and found that making his coffee did not wind him. Over the next few days, he realized he was healing. He has stopped using his breathing treatments and an inhaler, and he has stopped taking his anxiety disorder medication because the pain, like "elephants sitting on his chest," has gone away, and he has reduced


his oxygen tank usage from four or five per day to one. He seems to be in a state of surrender, peace, and joy. When he speaks, I hear echoes of the Christian mystics, as though their writings all make sense from his new vantage point.

There are other remarkable cases, too. Powerful archangels presented themselves in a couple of instances. With no prior exposure or significant interest in angels, their appearances were surprising. In one case, during my first session with a friend, Archangel Michael held open a gate while Archangel Gabriel lifted something dark off him and whooshed it into the Light. I mentally asked who they were, and they answered. Much later, I learned about Reiki and spirit removal, but at the time I saw this, I

had no training or awareness of spirit attachments. I believe this entity trapped my friend in anger, despair and depression, to where he almost committed suicide a few years ago. During our first session, he felt multiple hands on him. While I was at his head, he said someone was also "tugging" at his leg. After more sessions and a Reiki I Placement, he experiences greater well-being. When we connect, he shares that he is finding it easier to cope. Blocks to income seem removed, and he works again. Things in his life are flowing, and he, too, has made spiritual practice his priority.

In another case, an 89-year-old woman, originally from Tokyo, began receiving Holy Fire® III sessions from me in the summer of 2019.

## 100th Reiki Anniversary

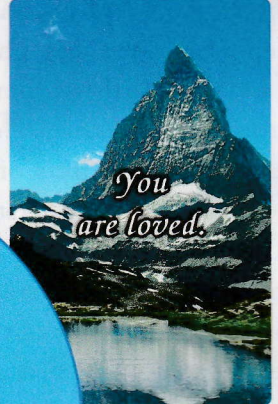


Usui Sensei received the gift of Reiki on Kurama Yama in April 1922. In April 2022 we will honor the 100th anniversary of this event on location in Japan with a celebration on Mount Kurama. William Lee Rand will also teach an Usui/Holy Fire® III Reiki Master class and a Holy Fire® III Karuna Reiki® Master class that will take place on the mountain and in a lodge in Kurama village.

**Visit [www.reiki.org](http://www.reiki.org) for more information as it becomes available.**

## Reiki Appreciation Cards

A deck of 54 cards with 10 different appreciations and photos. Give them to those you appreciate.



*You are loved.*  
*I appreciate you.*  
*You are an inspiration.*  
*You are a wonderful person.*  
*Continue to follow your heart.*  
*I appreciate who you have become.*  
*The world needs more people like you.*  
*You are a blessing to those around you.*  
*You are doing the right thing; keep going.*  
*You make a difference in people's lives and are loved by them.*

The card encourages those who receive them to pass the card on to others.

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During the second session, she felt pins-and-needles sensations in her ankles, only to discover her 20-year edema problem that caused swollen ankles that did not fit in regular shoes, had disappeared and has remained that way. Over the months, she's grown happier and more emotionally stable, even though her daughter has remained estranged. Her arthritis pain is her primary problem now since discharge from hospice. Reiki sessions reduced the pain she experiences and made a measurable reduction in needed pain reliever pills and creams. Also, I gave her a Reiki I Placement right before the COVID-19 quarantine, and now she can help herself with Reiki while I cannot come over for sessions. We connect via phone ev-

ery morning, and she tells me about how she's used Reiki to make her shoulder pain or leg cramps or back pain or toothache go away. With each Reiki experience she has, she is so excited. She's learning to sense the energy as a pulse in her fingers and says it's "spooky," and we laugh. She demands to know how it works, and I repeat for the 100<sup>th</sup> time my analogies, which always leave her repeating, "Yes, but how does it work?!"

These stories just touch on how Holy Fire® III is working in and through my life. It has accelerated my healing and quickly and effortlessly reconfigured my life so I can be in its service. Words seem inadequate, but, to me, the energy is like an elegant tool coming from a high

consciousness that meets us where we are. It is an immediate, tangible form we can turn to that helps us heal and awaken from the illusion of suffering and pain in a gentle, profound, and quicker way. ✨

Holy Fire® is the registered service mark of William Lee Rand.



Laura is a Holy Fire® III Reiki Master Teacher, certified hypnotherapist, and spiritual life coach who lives in Reno, Nevada. She has been a student of A

Course in Miracles since 1987 and mentors other ACIM students. You may contact Laura by email at [lauraschopenreiki@gmail.com](mailto:lauraschopenreiki@gmail.com), by phone at (775) 560-0539, or through her website at [www.lauraschopen.com](http://www.lauraschopen.com).

## Reiki Membership Association Five Day Professional Member Training

Fulfill your requirement to be a professional member of the **Reiki Membership Association** in 5 days by taking both I&II and Reiki Master in back to back Holy Fire® Reiki classes.\*

### Vidya Singh

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#### Online from Mumbai, India

Usui/Holy Fire® III Reiki I & II – June 6-7, 2020  
Usui/Holy Fire® III Reiki Master – June 8-10, 2020

Usui/Holy Fire® III Reiki I & II – July 11-12, 2020  
Usui/Holy Fire® III Reiki Master – July 13-15, 2020

Usui/Holy Fire® III Reiki I & II – Aug 8-9, 2020  
Usui/Holy Fire® III Reiki Master – Aug 10-12, 2020

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#### Online from New Brunswick, Canada

Usui/Holy Fire® III Reiki I & II – July 6-7, 2020  
Usui/Holy Fire® III Reiki Master – July 8-10, 2020

Usui/Holy Fire® III Reiki I & II – Oct 19-20, 2020  
Usui/Holy Fire® III Reiki Master – Oct 21-23, 2020



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#### Online from Portland, OR

Usui/Holy Fire® III Reiki I & II – June 24-26, 2020  
Usui/Holy Fire® III Reiki Master – June 27-28, 2020

#### In-Person from Portland, OR

Usui/Holy Fire® III Reiki I & II – August 19-20, 2020  
Usui/Holy Fire® III Reiki Master – August 21-23, 2020

#### In-Person from Portland, OR

Usui/Holy Fire® III Reiki Master – Oct 17-18, 2020  
Usui/Holy Fire® III Reiki I & II – Oct 19-21, 2020

\* Must have been Reiki II practitioner for a minimum of 6 months prior to taking the Reiki Master class. A bonus is that these are all Holy Fire® Reiki classes!

Become a Professional Member of the RMA in five days and upgrade to Holy Fire® all at the same time!